

SILVERDALE
BAPTIST
ACADEMY



ATHLETIC
HANDBOOK
2011-2012

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This handbook is intended to reflect the philosophy and mission of SBA. However, it may not cover every different situation that arises. If a situation arises that is not covered by this document, then the Athletic Director, Assistant Athletic Director and the Administration will address the situation in order to bring about a resolution.

SILVERDALE BAPTIST ACADEMY ATHLETIC HANDBOOK

WELCOME

Welcome to the Silverdale Baptist Academy Seahawks Athletic Program. It is a privilege for us to have the opportunity to work with your children. We are expecting great things this year and in the years that lie ahead as we continue to take our athletic program to the next level.

Our motto in the SBA Athletic Department is "Building Champions for Christ." We desire not only to develop students physically, but also to develop them spiritually. Your son or daughter is our top priority as they compete at SBA. We believe that athletics is a great platform for ministry, and our prayer is that students will grow in the knowledge of Christ and be able to reach their generation for Christ.

We have compiled an excellent group of Christian coaches that will direct our teams. SBA offers the following sports at the following grade levels:

ATHLETIC DIRECTOR	Al Rogers	892.2319 ext 216
H.S. ATHLETIC DIRECTOR	Tim Couch	892-2319 ext. 215
M.S. ATHLETIC DIRECTOR	Tim Thompson	892-2319 ext. 215

FALL SPORTS

VARSITY BOYS FOOTBALL	GRADES 9-12
MS BOYS FOOTBALL	GRADES 6-8
VARSITY CHEERLEADING	GRADES 9-12
MS CHEERLEADING	GRADES 7-8
VARSITY GIRLS VOLLEYBALL	GRADES 9-12
MS GIRLS VOLLEYBALL	GRADES 6-8
MS BOYS SOCCER	GRADES 7-8
MS GIRLS SOCCER	GRADES 7-8
ELEMENTARY SOCCER CO-ED	GRADES 4-6
VARSITY GIRLS SOCCER	GRADES 9-12
VARSITY BOYS GOLF	GRADES 9-12
VARSITY GIRLS GOLF	GRADES 9-12
VARSITY BOYS CROSS COUNTRY	GRADES 9-12
VARSITY GIRLS CROSS COUNTRY	GRADES 9-12
MS CROSS COUNTRY	GRADES 6-8
BOWLING	GRADES 6-12

WINTER SPORTS

VARSITY BOYS BASKETBALL	GRADES 9-12
VARSITY GIRLS BASKETBALL	GRADES 9-12
JV BOYS BASKETBALL	GRADES 9-11
JV GIRLS BASKETBALL	GRADES 9-11
MS GIRLS BASKETBALL	GRADES 7-8
MS BOYS BASKETBALL	GRADES 7-8
ELEMENTARY GIRLS BASKETBALL	GRADES 5-6
ELEMENTARY BOYS BASKETBALL	GRADES 5-6
HS BOWLING	GRADES 9-12
ELEMENTARY CHEERLEADING	GRADES 5-6
MS CHEERLEADING	GRADES 7-8
VARSITY CHEERLEADING	GRADES 9-12
VARSITY WRESTLING	GRADES 9-12
MS WRESTLING	GRADES 6-8

SPRING SPORTS

VARSITY BOYS BASEBALL	GRADES 9-12
VARSITY GIRLS SOFTBALL	GRADES 9-12
MS BOYS BASEBALL	GRADES 6-8
MS GIRLS SOFTBALL	GRADES 6-8
MS BOYS GOLF	GRADES 6-8
MS GIRLS GOLF	GRADES 6-8
VARSITY BOYS TENNIS	GRADES 9-12
VARSITY GIRLS TENNIS	GRADES 9-12
MS BOYS TENNIS	GRADES 6-8
MS GIRLS TENNIS	GRADES 6-8
VARSITY BOYS TRACK	GRADES 9-12
VARSITY GIRLS TRACK	GRADES 9-12
MS BOYS TRACK	GRADES 6-8
MS GIRLS TRACK	GRADES 6-8
VARSITY BOYS SOCCER	GRADES 9-12

-EXCEPTIONS CAN BE MADE WITH THE CONSENT OF THE ATHLETIC DIRECTOR IN ACCORDANCE WITH TSSAA RULES AND REGULATIONS

-SUBJECT TO STUDENT AVAILABILITY

Selection of Teams/Squads

Athletic competition is provided for middle school students with a middle school program of competition and a full compliment of high school sports for our 9th-12th grade students. **NO 8th grade student-athlete can play on the high school level until his or her 8th grade season and/or commitments are fulfilled in specific sport.** The only exception where an eighth grader can play

on the high school level is, (1) there are not enough student-athletes on the high school level to fill a team and (2) we do not offer the specific sport at the middle school level.

Philosophy of Athletics

Athletics plays a significant role in the life of many students. Many life lessons are learned, which will assist in the development of character and value. Through participation, students will be challenged to mature and develop in a variety of ways. The athletic program at SBA is designed to complement our commitment to Christian values and academics. The purpose of our athletic program is to teach student-athletes to develop a Christ-like attitude and lifestyle.

Our focus is to emphasize Christian character, and we expect our athletes to be a witness on and off campus. We desire our student-athletes to see athletic participation as a means to mature as part of a team and not for selfish glorification. The success of our program will be measured by the quality of the student-athletes we produce and not just by our win/loss record. Winning is not our primary goal, but winning souls for Christ is.

The support and encouragement of each parent is necessary for a quality athletic program. Our mission statement is to partner together with parents to raise children of character. Parents are expected to set a proper example for their children and others in supporting our team(s) here at SBA. We all have the responsibility to demonstrate respect for coaches, participants, officials, and other spectators. Because of the intensity of our athletic program, there will be times when open and honest communication is needed to understand and support your child or his/her coach. Another principle that we use is Matthew 18. We ask that you communicate with the coach about anything that you do not understand. Furthermore, we ask that the fruits of the spirit be demonstrated at all times.

The information in this handbook should be read carefully and agreed to by both parents and student-athletes before the respected season begins.

Team Commitment Policy

The following rules apply to ALL sports:

1. All rules policies stated in the student/parent handbook will also apply to any school-sponsored athletic event. Please refer to the discipline codes (1, 2, 3, 4 & 5) in the Conduct & Discipline section of the Student/Parent Handbook.

2. Students who try out for a sport and make the team need to understand that they have entered into an agreement in which others are depending upon them to contribute. He/she will be responsible for attending all practices, competitions, and other responsibilities pertaining to their sport or season.
3. Student-athletes are expected to be on time to every practice and competition. They are to be dressed properly for games and practices. On game days, student-athletes must wear school-issued pants, but they may wear their game jersey. Jerseys must be tucked in. Gentleman may also wear a dress shirt and tie on game days. On days SBA has a pep rally, cheerleaders may wear their full warm-ups. All practice attire must meet the modesty standards established by SBA.
4. Officials at any game in which an SBA athlete participates are there as representatives of authority. The same respect is expected toward other authority figures, as well as, towards facilities, property, etc...(Please refer to the **Respect Code** in the Conduct & Discipline section of the SBA Student/Parent Handbook).
5. Obscene language will result in a one-week or two game suspension (as per TSSAA guidelines), as well as possible dismissal from the team.
6. Public displays of affection between boys and girls are not appropriate for any school activity.
7. In order for a student to participate in practice or a game, he/she must attend school in accordance with the following policies in the SBA student handbook:
 - a. Students who are absent from school **may not** participate in extracurricular activities during that day unless there are extenuating circumstances, which require administrative approval.
 - b. Students must be present a minimum of 3 ½ hours (half the school day) in order to participate in an athletic contest that day unless there are extenuating circumstances, which require administrative approval.
 - c. Students who are absent from school due to illness in excess of ten days per semester will be required to have a letter from their doctor explaining their absences.
 - d. Returning late from away games will not necessarily result in an excused absence the next school day. Student-athletes are expected to be in regular attendance the day following an athletic competition.
 - e. Students who receive a detention must serve their detention on the designated day prior to attending a practice or a game that day.
8. Uniforms are the property of the school and are not to be worn unless authorized by the coach.
9. Each student-athlete and his/her parent(s) must have read the athletic handbook, signed the statement papers and abide by the contents of the

athletic handbook. The signed documents must be on file prior to an athlete's participation in a sport at SBA.

10. All of SBA's athletic events, whether home or away, will be governed by the athletic rules in the SBA handbook as well as TSSAA guidelines.
11. Athletes are expected to arrive at all games one hour prior to the start of the game.
12. Students should check the website for all information.

Facilities

1. Our facilities are designed for the safe use of our students and visiting teams. An athlete should make every effort to keep the facilities neat and clean. Our gym is located on the second floor of our building, and our auxiliary gym is on the first level. The locker room areas and practice areas should be kept clean at all times.
2. Horseplay or inappropriate behavior, which could result in the injury of individuals or damage to equipment or property, will not be tolerated. This includes guest school facilities and/or overnight accommodations.

Uniforms and Equipment

Your coach or athletic director will issue a uniform to you at the beginning of the season after the players have paid all fees. This uniform is your responsibility. It is to be clean when you arrive for a game. The uniform is to be returned clean within one week of the conclusion of a season. Please follow special-care labels in the laundering of all uniforms. Lost or damaged uniforms must be paid for at the full cost of replacement by the end of the season. An average uniform replacement may cost in excess of \$100.00.

Student-athletes are asked to treat all school equipment with pride and care. All equipment should be put away in storage after practice and/or games. Students are not allowed to get equipment without the permission of their coach or athletic director.

Medical Information

1. A current physical examination dated on or after June 1st of the current school year will be required for any student before they can participate in sports at SBA. A record of that physical must be on file in the administrative office and the athletic director's office. It is the responsibility of the parent and the student to see that these completed forms are returned to the respective offices. **Participation includes tryouts, practices and games.**

2. It is the responsibility of the parents to provide adequate insurance for their child(ren). The school will not provide insurance, nor assume responsibility, for the expense of medical treatment as the result of participating on an organized school team.
3. Report all injuries to your coach as soon as you are aware of them. Serious injuries can be avoided if appropriate actions or treatment is taken.
4. Medical authorization forms will be kept in the office at all times. Coaches traveling out of town will take a copy of these forms with them.

Eligibility

MS / HS Academic Eligibility

All students who participate on an organized school team at SBA must meet the following academic and behavior standards:

1. In order to try out for a team, a student must have earned a GPA of 2.0 or above.
2. Eligibility will be based on 4 ½ week periods. Students must maintain a passing grade (70 or higher) in all classes at the end of each 4 ½ week period. If a student is failing at the end of the 4 ½ weeks, they will be put on Athletic Probation. While on Athletic Probation, the student can still participate in sports, but the student's grades will be closely monitored by the Athletic Director and coach using weekly progress reports. Athletic Probation will begin on Monday following the 4 ½ week grading period.
3. If the student is failing a course at the end of the next 4 ½ weeks into the semester, they will be put on Athletic Suspension. While on Athletic Suspension, they can no longer participate in any sport during the remainder of this semester. Athletic Suspension will begin on Monday following the 4 ½ weeks of the semester.
4. If the student passes the course for the semester and has a 2.0 GPA, the Athletic Suspension is removed and they may participate in sports during the next semester.
5. If the student fails a course for the semester, they will continue to be or be placed on Athletic Suspension for 4 ½ additional weeks. If the student is still failing after these 4 ½ weeks, they will be put on Athletic Suspension for the remainder of the school year. If credit recovery does occur, they will be eligible for the fall semester.
6. If a student fails a one-semester course, they will be on Athletic Suspension for 4 ½ weeks, or until credit recovery for that course occurs. This Athletic Suspension will begin on Monday of the next semester.

MS / HS Eligibility

1. Each student is expected to complete all homework as assigned by his/her teacher regardless of whether the game is at home or away. If the team must leave before dismissal of school, it is the student's responsibility to obtain all assignments for all classes missed prior to leaving school. They are to complete these assignments as required by their teachers. **Athletic contest(s) are not an excuse for late work.**
2. Being part of a team involves commitment to practice. The absence of any team member places a greater burden on those at practice and hinders the effectiveness of the team during a game. Participants are required to attend all regularly scheduled practices and remain for the duration of the practice as required by the coach. An unexcused absence from a practice or a game will result in disciplinary action from the coach.

The following are excused absences:

- A. Personal illness, after the 3rd day a physician's excuse is required.
- B. Death of an immediate family member.
- C. Family emergency.
- D. Scheduled doctor's appointment. Students are expected to schedule doctor's appointments outside of practice time, if possible.
- E. School-approved events.

One unexcused absence may result in the student not playing in the next game. A second unexcused absence may result in a 1-week or 2 game suspension. A third unexcused absence may result in dismissal from the team.

3. The display of Christian sportsmanship is vitally important. The poor behavior of one team member can detract from the testimony of the entire team. Displays of poor sportsmanship or behavior will be disciplined immediately. Repeated poor behavior or attitude will result in removal from the team.
4. Upon entering the ninth grade, a student shall have four years to complete his/her eligibility in interscholastic competition, regardless of when the student began to participate in varsity level sports.
5. Students unable to attend tryouts due to circumstances beyond their control will have to tryout early (arrangements must be made with the coach).
6. Each athlete must be a certified, full-time student in regular attendance at SBA in order to participate in the athletic program.
7. A player quitting or being removed from a team may not join another team without a meeting with the athletic director and coach of the particular sport.
8. Suspension Policy: extra curricular activities (sporting events, practices, etc.) will not take priority over the consequences of suspension. Students

who are suspended from school will not be allowed to participate in any athletic event or extra-curricular activity for that day. (Please see Student Handbook)

Sportsmanship

All athletes will follow sportsmanship rules according to TSSAA. If a player shows unsportsmanlike conduct, he/she must meet with athletic director and follow TSSAA disciplinary actions

Booster Club

The purpose of the SBA booster club is to support the athletic program financially and voluntarily throughout the school year. Their primary responsibilities are to sell spirit wear, oversee ticket sales and concessions. For more information about joining the Booster Club, or to purchase memberships, please contact the Athletic Office @ 423-892-2319.

Al Rogers ext 216 or arogers@silverdaleba.org

Transportation

1. To contests: The school either provides or arranges transportation for high school athletes to and from the event. Students will be required to abide by these arrangements. Deviations from the arranged transportation after an athletic contest will be made by the coach and only when requested in writing by the parents before leaving from the SBA campus. If a parent is present at the end of the away game and wishes to take his/her student directly home, he/she must communicate directly with the coach or athletic director prior to leaving with his/her child. Should an athlete desire to ride home from an away game with another parent, the request must be made in writing and approved by the athletic director and the coach prior to leaving the game.
2. Team members may not travel to and from any out of town contest with other students. Students are not allowed to drive their own vehicles to out of town games. Parents are responsible for arranging transportation for student athletes to and from in-town games if the school is unable to provide a bus.
3. When boys and girls are traveling together to and from an athletic contest on the same bus, they will sit with their teams. This will allow the players to remain focused and help to foster a sense of team unity. Members of the opposite sex are not allowed to sit together.
4. When stopping to eat going to or from a game, proper behavior will be expected.

5. Buses must be left clean after each use. All trash will be removed from under seats and in the aisle. Windows should be closed. All trash is to be removed from the bus and properly disposed of after returning from a game or event.
6. If buses are not clean, the team will be assessed a fine.

Playing Time

1. Success is not synonymous with playing time. Success is contributing to the team's benefit by using the abilities God has given each one of them.
2. The lessons learned as members of athletic teams are valuable and can be carried over into every day life situations.
3. Every eligible student has the opportunity to try out for a team, **but not every one will make the team.**
4. Athletes who make the team will be given every opportunity to demonstrate their skill and prove their ability to their coaches, and thus increase their chances of playing a significant amount of time. Athletes have the opportunity to improve their skill level and thus increase their chance to play.
5. Parents must instruct and prepare their children for participation in a competitive athletic program at SBA. Remember that we are preparing students for life, and the competition that will be encountered in the world after graduating from high school.
6. Our athletes are expected to be hard workers, committed, dedicated, self-disciplined, and determined to grow in their relationship with God, their athletic skill and academic knowledge.

Parental Involvement

Parents are an important part of the success in our athletic program. Your support and assistance will be needed during the year. Parents may be asked to drive to and from games and they must volunteer in the concession area and ticket sales and support our fund-raising activities. Your cooperative support will be a blessing to our program and an encouragement to our athletes and athletic program.

Conversely, a parent who is not supportive of the athletic program, coaches and philosophies may affect the status of his/her child on the team.

Parent/coach communication

Both parents and coaches have extremely difficult jobs. By establishing and understanding each position, we are better able to accept the actions of the other and provide greater benefits to students. As parents, you have the right to

understand what expectations are placed on your student when they become involved in our athletic program.

Communication parents should expect from coaches

1. The general philosophy of your coach.
2. Expectations the coach has for your child, as well as the players on the team.
3. Location and times of all practices and contests.
4. Team requirements, such as fees, special equipment, off-season conditioning and camps.
5. Procedure should an athlete be injured during participation.
6. Discipline that results in the denial of your child's participation.

Communication coaches expect from parents

1. Concerns should be expressed **directly** to the coach (Matthew 18 principle).
2. Notification of any schedule conflicts.
3. Specific concern in regard to a coach's philosophy and/or expectations.
4. Parents can stay informed with all athletic activities via the school website.

Your child's involvement in the athletic program at SBA will be some of the most rewarding experiences of his/her life. It is also important to understand that there may be times when things don't go the way you or your child wishes. At these times, discussion with the coach is strongly encouraged.

Coach's general policies

The general policies of the coach are to include playing time, team strategy and play calling. Coaches will make judgment decisions based on what they believe is best for the team. Parents will have an open door policy to talk to your child's coach. However, coaches will not discuss your child's playing time or another student.

There are situations that may require a conference between a coach and parent to get a clear understanding of the other's position. **DO NOT ATTEMPT TO CONFRONT A COACH BEFORE OR AFTER A PRACTICE OR GAME. Please understand that all practices for all sports will be closed sessions to maintain team unity and focus.**

The rules listed in the athletic handbook are general rules to be observed by SBA athletes, parents and supporters.

**SILVERDALE BAPTIST ACADEMY
PARENT AGREEMENT CONTRACT**

I understand that my responsibilities as a parent are of great importance and that my actions have the potential to significantly influence young athletes. Therefore, I promise to uphold the following guidelines to the best of my ability. I also promise to conduct myself in accordance with the following guidelines.

1. I will treat each player, opposing coach, official, parent and administrator with respect and dignity.
2. I will exhibit Christian behavior at all times.
3. I will have my child(ren) on time at every practice and game. I will inform the coach or team mom if my child needs transportation, or if they cannot attend practice or a game.
4. I will not coach or yell instructions to my child(ren) during the game. I understand that it is uncomfortable for other people, and it can be very embarrassing to my child(ren).
5. I will use the Matthew 18 principle if I have issues or concerns with the athletic program and/or the coach. I understand that negative conversation will divide a team and a program.
6. I will allow the coaches to do their job. If I have a concern, I understand that I may set up a conference with the coach. However, the coach will not discuss my child's playing time or another child.
7. I will always be a good supporter and cheerleader. I understand that children watch and see everything adults do and say.
8. I will support my child(ren) by volunteering my time to work the gate, parking, concession stand, etc...

With my signature, which I voluntarily affix to this contract, I acknowledge that I have read, understood, and will do my best to fulfill the promises made herein

Mother's Name (print) _____

Mother's signature _____

Date: _____

Father's Name (print) _____

Father's Signature _____

Date: _____

**SILVERDALE BAPTIST ACADEMY
STUDENT/ATHLETES POLICY**

I understand that my responsibilities as a student/athlete are of great importance and that my actions have the potential to significantly influence other young athletes. Therefore, I promise to uphold the following guidelines to the best of my ability. I also promise to conduct myself in accordance with the following guidelines.

1. I will treat each player, opposing coach, official, parent and administrator with respect and dignity.
2. I will exhibit Christian behavior at all times.
3. I will be on time at every practice and game. I will inform the coach or team mom in advance if I need transportation, or if I cannot attend practice or a game.
4. I will not yell instructions to my teammates during the game. I understand that it is uncomfortable for other people, and it can be very embarrassing to my teammates.
5. I will use the Matthew 18 principle if I have issues or concerns with the athletic program and/or the coach. I understand that negative conversation will divide a team and a program.
6. I will allow the coaches to do their job. If I have a concern, I understand that I may set up a meeting with the coach. In addition, I understand that the coach will not discuss my playing time or another athlete.
7. I will be accountable to my coach & teammates in regard to my commitment to God, family, school and sports.
8. I will demonstrate leadership and be a positive influence at SBA.
9. I will adhere to all the academic qualifications, and athletic policies as outlined in the student & athletic handbooks.
10. I will maintain an excellent attendance record.

With my signature, which I voluntarily affix to this contract, I acknowledge that I have read, understood, and will do my best to fulfill the promises made herein.

Name (print) _____

Date _____

Signature _____

SILVERDALE BAPTIST ACADEMY COACHING CONTRACT

I understand that my responsibilities as a coach are of great importance and that my actions have the great potential to significantly influence young athletes whom I coach. Therefore, I promise to uphold the following guidelines to the best of my ability. I also promise to conduct myself in accordance with the following guidelines.

1. I will treat each player, opposing coach, official, parent and administrator with respect and dignity.
2. I will do my best to teach the fundamentals, techniques and strategies of my sport.
3. I will become thoroughly familiar with the rules of the sport by attending required and voluntary coaching clinics.
4. I will become familiar with the objectives of the sports program with which I am affiliated. I will strive to achieve these objectives and communicate them to my players and their parents.
5. I will uphold the authority of the officials who are assigned to the contest in which I coach. I will assist them in every way to conduct a fair and competitive contest.
6. I will learn the strengths and weaknesses of my players so that I might place them into situations where they have a maximum opportunity to achieve success.
7. I will conduct my practices and games so that all players have an opportunity to improve their skill level through active participation.
8. I will communicate to my players and their parents the rights and responsibilities of individuals on our team.
9. I will cooperate with the administrator of our organization in the enforcement of policies, and I will report any irregularities that violate sound competitive practices.
10. I will protect the health and safety of my players by insisting that all of the activities under my control are conducted for their psychological welfare rather than for the vicarious interest of adults.
11. I will not have inappropriate contact with my players, parents, officials or administrators.
12. I will be a devout Christian. I have accepted Jesus Christ as Lord and Savior, and I demonstrate it by my actions and words. I am also in agreement with the SBA statement of faith.
13. I am actively involved in a local church.
14. I will devote a lot of time to prayer and devotions with my team.

- 15. I will submit to the direction of the athletic program with the athletic director.
- 16. I will attend all practices and games with the exception of illness or family emergencies.

With my signature, which I voluntarily affix to this contract, I acknowledge that I have read, understood, and will do my best to fulfill the promises made herein.

Name (print) _____

Date _____

Signature _____